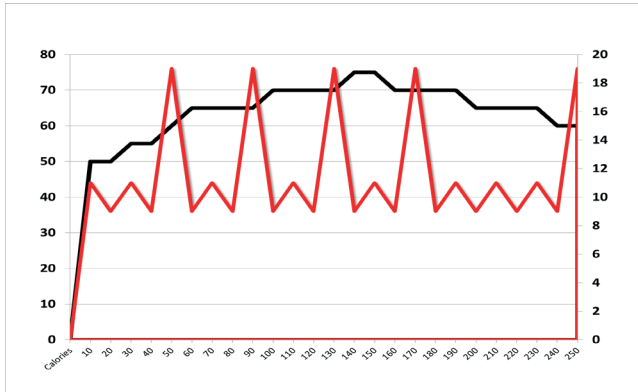


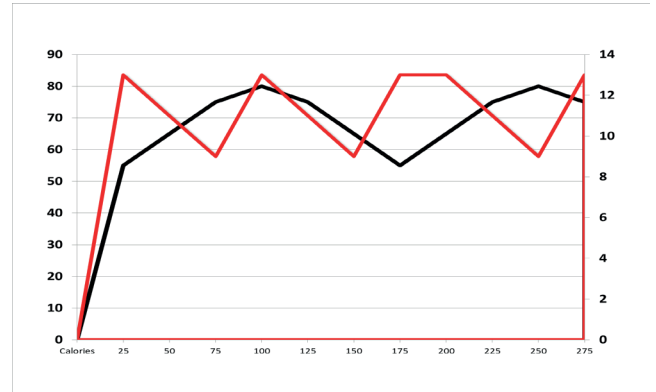
NordicTrack[®] GX 2.7 U



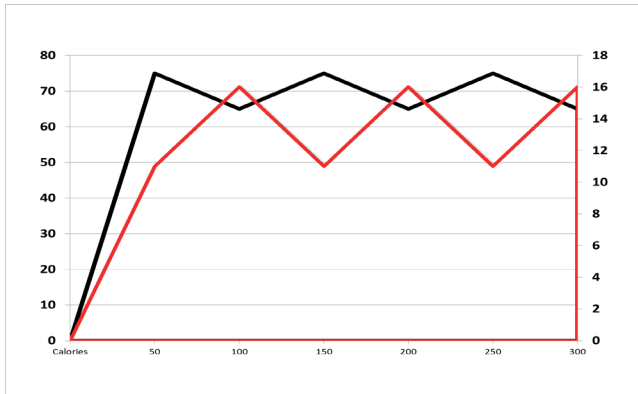
CALORIE 1 - 250



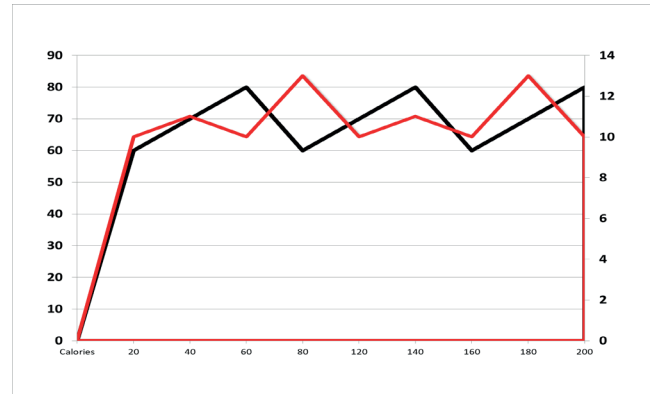
CALORIE 2 - 275



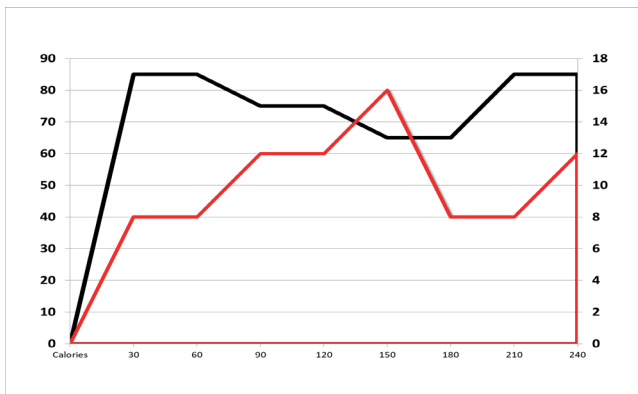
CALORIE 3 - 300



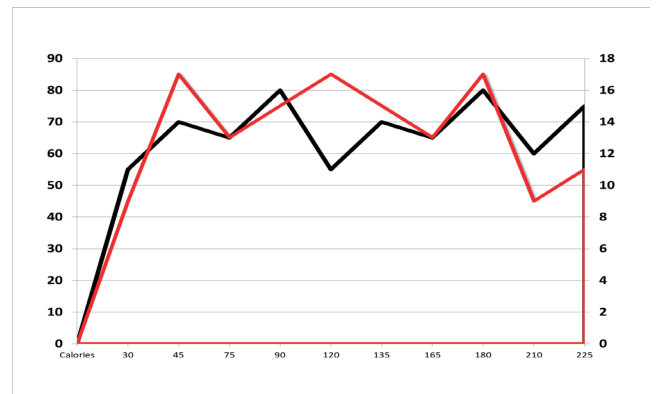
CALORIE 4 - 200



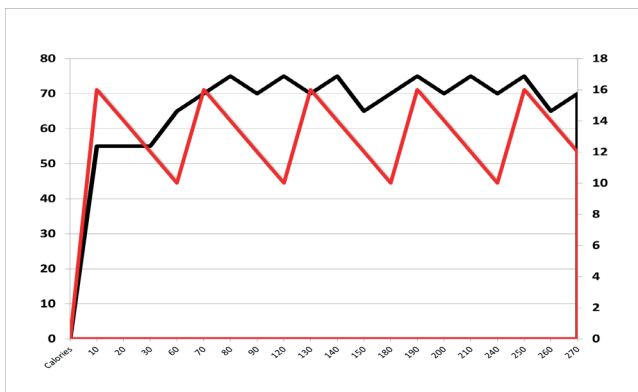
CALORIE 5 - 240



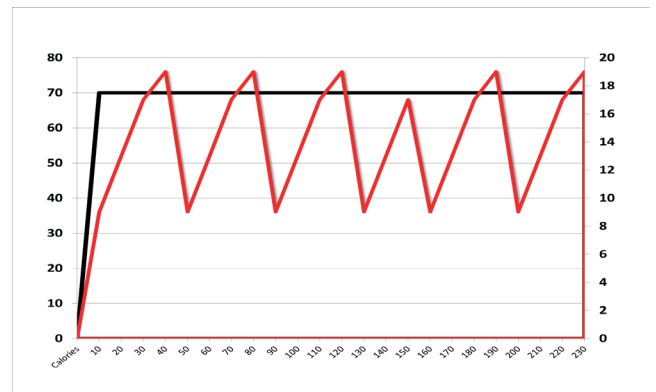
CALORIE 6 - 225



CALORIE 7 - 270



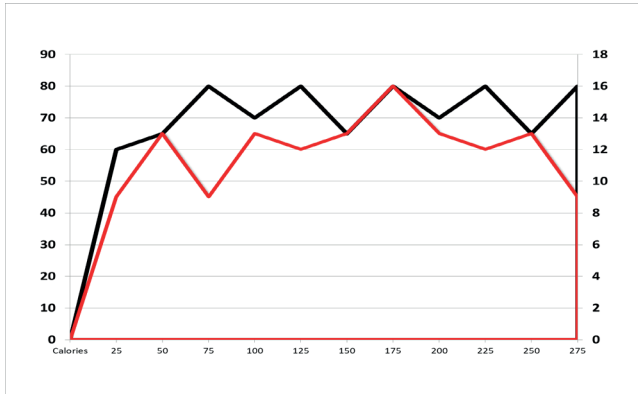
CALORIE 8 - 230



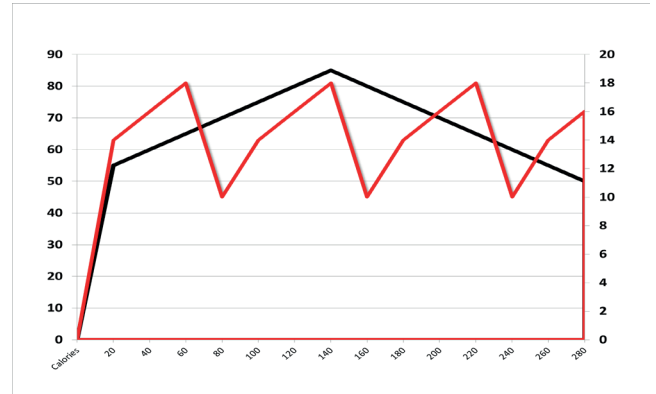
NordicTrack[®] GX 2.7 U



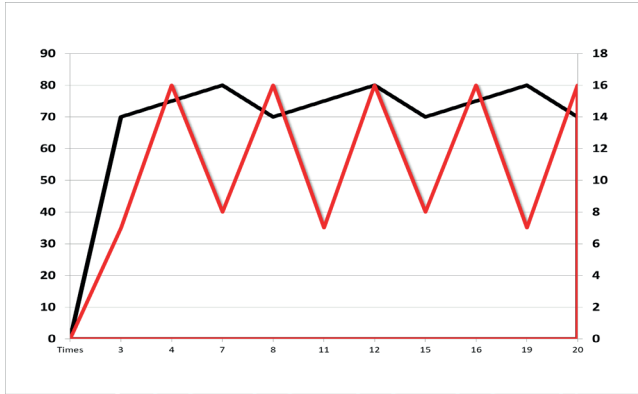
CALORIE 9 - 275



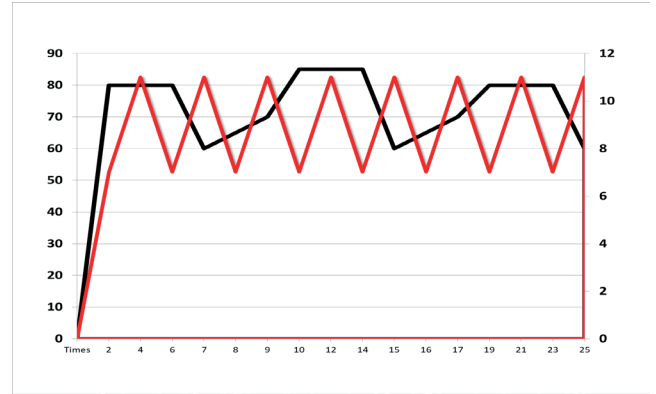
CALORIE 10 - 280



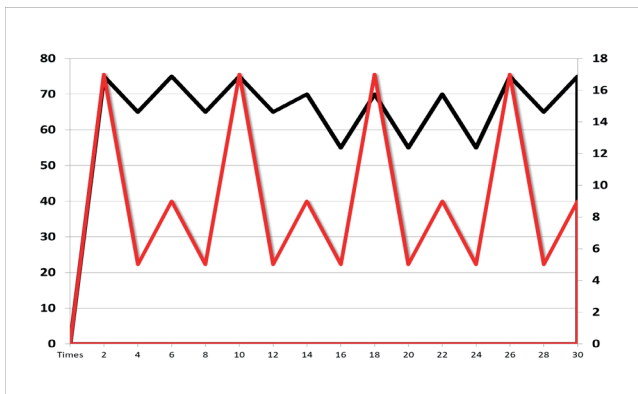
PERFORM 1 - 20 min



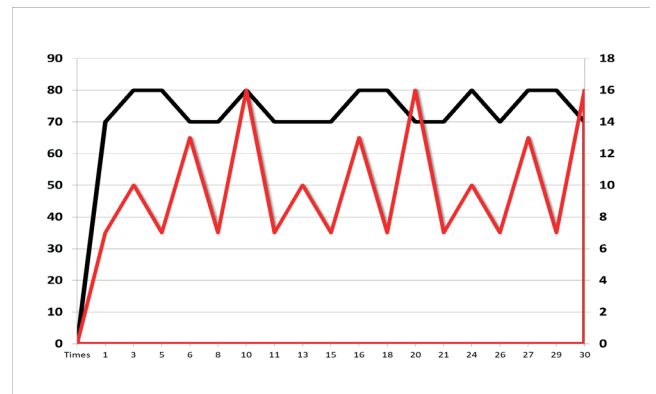
PERFORM 2 - 25 min



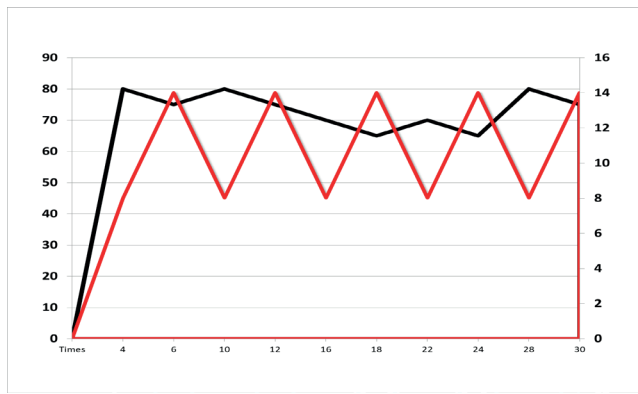
PERFORM 3 - 30 min



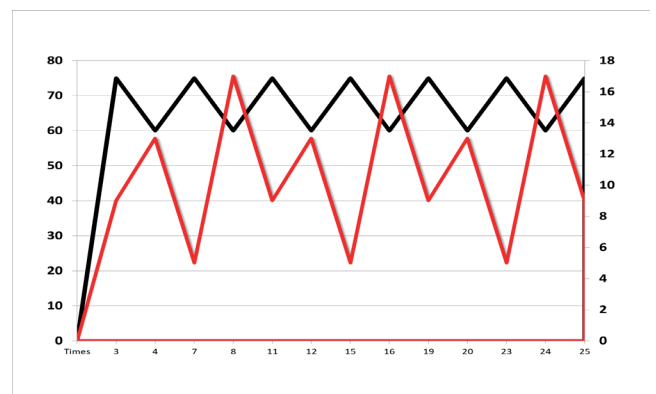
PERFORM 4 - 30 min



PERFORM 5 - 30 min



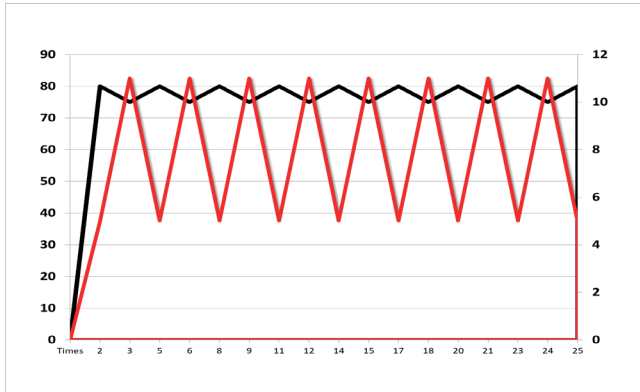
PERFORM 6 - 25 min



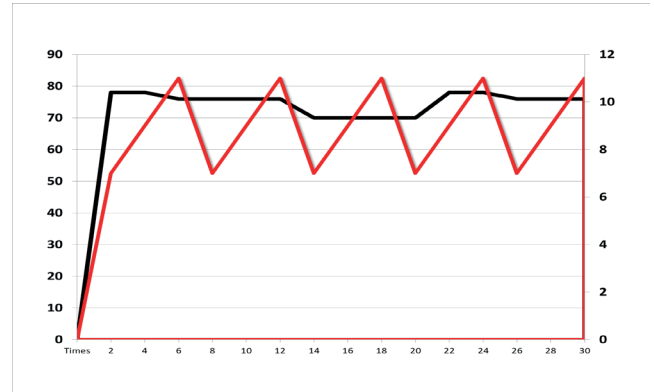
NordicTrack[®] GX 2.7 U



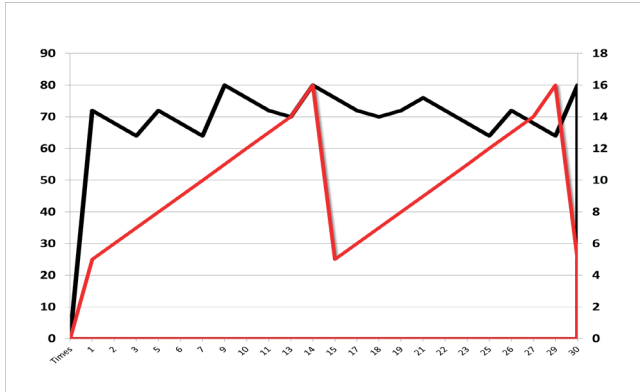
PERFORM 7 - 25 min



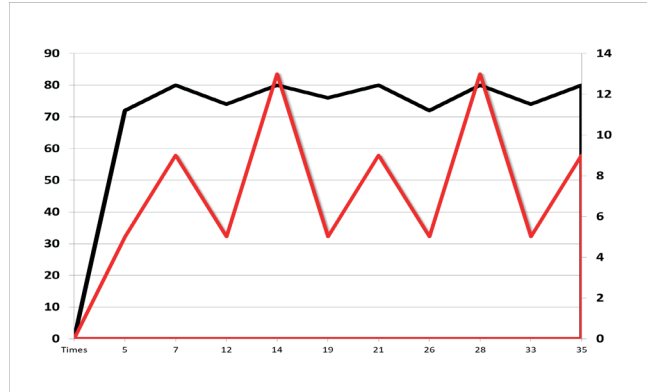
PERFORM 8 - 30 min



PERFORM 9 - 30 min



PERFORM 10 - 35 min



RPM



Resistance